

1. What is the definition of quality of life?
  - b. The degree of well-being based on personal satisfaction with core conditions.
2. Which of the following are components of quality of life (select all that apply)?
  - a. Physical, emotional, and material well-being.
  - c. Interpersonal relations and social inclusion.
  - d. Self-determination, personal growth, and individual rights.
3. What is the impact of choice on quality of life?
  - a. Choice is a key component to quality of life because it increases independence and growth.
4. What three ways can staff and family members promote quality of life (select all that apply)?
  - b. Assess and create opportunities for personal growth.
  - d. Encourage choice and promote personal values of individuals.
  - e. Ensure best possible outcomes for success.
5. Which of the following represents the 4 components of a quality program (select all that apply)?
  - b. A clinical team that values parent and individual input.
  - c. Sufficient experienced staff with the ability to build rapport.
  - e. Carefully planned instructions and programs to help individuals meet their goals.
  - f. An approach that facilitates the best individualized outcomes.