

# *Autism Initiative: Training Series*

## **Module 3: Skill Development and Learning for Life Chapter 3.1: How Individuals with Autism Learn and Adapt Self-Assessment of Material**

1. Which of the following items are elements of EBTs (select all that apply)?
  - a. A structured approach to treatment in which key elements are clearly defined.
  - b. Research support for the use of home design elements in service settings.
  - c. Treatment defined for a group of people that can be changed without research and evaluation.
  - d. Methods that are updated to reflect changes in scientific knowledge.
  
2. What 3 criteria are used to evaluate treatments (select all that apply)?
  - a. Effective strategies and methods.
  - b. Treatment outcome.
  - c. Process factors.
  - d. Quality of life and maintenance.
  
3. What is the importance of EBT for adolescents and adults with autism?
  - a. EBTs provide specific evidence for effectiveness so providers know what works before it is used.
  - b. EBTs provide a standard approach to treatment that does not have to be changed for each person.
  - c. EBTs are not useful in service provision because they are treatments that require years of experience to use correctly.
  
4. Why is skill assessment important?
  - a. To help individuals learn how to keep track of their own strengths and weaknesses without staff assistance.
  - b. To understand which skills will be beneficial to teach by showing what an individual can already do and what needs to be taught.
  - c. To compare the individual to peers and let them know that they are behind other people in skill development.
  
5. What is the difference between indirect and direct observation?
  - a. Indirect observations are reported by the individual being assessed, while direct observation is reported by someone else.
  - b. Direct observation is reported by the individual being assessed, while indirect observation is reported by someone else.
  - c. Indirect observations rely on reported observations, while direct observations are assessments of behavior in the natural environment.

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6. What is an operational definition?
  - a. Definitions available in a dictionary or other reference book.
  - b. Definitions that describe behavior in objective, measurable terms.
  - c. Definitions that are used by clinicians to make a diagnosis of autism.