

Autism Initiative: Training Series

Module 3: Skill Development and Learning for Life Chapter 3.2: Basic Components of Effective Skill Development

Part 10: Generalization and Maintenance

Self-Assessment of Material

1. What is maintenance?
 - a. The immediate gains made by an individual in a teaching or learning situation.
 - b. The continued occurrence of a behavior after an extinction procedure has been used.
 - c. The continued occurrence of a behavior even after the behavior program has been completed.
 - d. The continued gains made using the behavior in different settings, circumstances, or situations.

2. Generalization is:
 - a. When skills are used occasionally and flexibly in the learning environment.
 - b. When skills are used across different settings, situations, or responses.
 - c. When skills are used only in the settings in which they have been trained.
 - d. When skills are used for more than one month before they are no longer performed.

3. TRUE or FALSE: Generalization across settings is when an individual uses the skills learned in settings outside of the instructional setting.
 - a. True
 - b. False

4. An example of generalization across skills is:
 - a. When an individual is taught to say hello when greeted, they say hello every time they are greeted.
 - b. When an individual is taught how to pay for groceries with cash, they might use a check or credit card on the next visit.
 - c. When an individual is taught to sort colored blocks, they sort colored blocks consistently in the learning setting.

5. Which of the following are strategies used to program for generalization?
 - a. Teach skills that are not naturally reinforced by the environment so you can have maximum control.
 - b. Specify each of the skills to be taught and only teach the first, most ideal skill.
 - c. Specify each of the settings and situations where they skill might be needed and increase skill flexibility for each possible setting.
 - d. Include in programs only when needed because generalization will always happen naturally.