

# *Autism Initiative: Training Series*

## **Module 3: Skill Development and Learning for Life Chapter 3.2: Basic Components of Effective Skill Development**

### **Part 2: Deceleration: Issues and Terminology**

#### **Self-Assessment of Material**

1. What is punishment?
  - a. When a consequence follows a behavior and increases the likelihood of that behavior happening again.
  - b. When a consequence occurs before a behavior and decreases the likelihood of that behavior happening again.
  - c. When a consequence follows a behavior and decreases the likelihood of that behavior happening again.
  
2. What is a punisher?
  - a. A stimulus that leads to a decrease in the future likelihood of a specific behavior.
  - b. A stimulus that leads to an increase in appropriate behavior in a specific setting.
  - c. A reinforcer that changes the consequence to increase negative behavior.
  - d. A setting or event that an individual will always find aversive and will always avoid.
  
3. TRUE or FALSE: Positive punishment is when the presentation of a particular stimulus follows a target behavior and leads to a decrease in the likelihood of that behavior happening again in the future.
  - a. True
  - b. False
  
4. Negative punishment is:
  - a. A procedure for decreasing repetitive behaviors.
  - b. When a particular stimulus is removed following a target behavior, decreasing the likelihood of this behavior occurring in the future.
  - c. When a particular stimulus is added to the situation following a target behavior to cause a decrease in that behavior.
  - d. An expanded procedure to increase the intensity of general punishment.
  
5. Which of the following are punishment procedures you just learned about?
  - a. Reprimands and response blocking
  - b. Scolding and shaped responding
  - c. Time-out and response cost
  - d. A & B
  - e. A & C

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6. Which of the following 3 items represent ethical issues in the use of punishment?
- Right to free speech, Miranda rights, and personal safety.
  - Right to safe and humane treatment, least restrictive alternative, and right to effective treatment.
  - Professional responsibility, personal liability, and bodily integrity.