

Autism Initiative: Training Series

Module 1: Overview of Autism in Adolescents and Adults

Chapter 1.3: Comorbidity

Self-Assessment of Material

1. What is comorbidity?
 - a. When two individuals from the same family are diagnosed with the same disorder.
 - b. When an individual is diagnosed with the same disorder as his/her biological parents.
 - c. When an individual is diagnosed with two disorders at the same time.
 - d. When an individual is diagnosed with a condition that is life threatening.

2. Which 2 of the following are challenges in assessing and treating comorbid disorders (select all that apply)?
 - a. Professionals cannot assess individuals with comorbid disorders due to excessive noncompliance by the affected individual.
 - b. Professionals have a hard time separating symptoms of autism from other co-occurring disorders.
 - c. Professionals lack proper assessment measures that are sensitive to psychopathology in individuals with autism.
 - d. Professionals are poorly trained for conducting assessments and treatments for people with comorbid disorders.

3. What are common comorbid conditions in individuals with autism?
 - a. Mood disorders.
 - b. Anxiety disorders.
 - c. Seizure disorders.
 - d. All of the above.

4. TRUE or FALSE: Some factors related to comorbidity include changes in symptoms, non-compliance, aggression, and high activity levels.
 - a. True
 - b. False