

Empowerment Strategies Checklist

Transforming from a Caregiver to a Support Professional

GOAL

A support professional empowers individuals to:	1	2	3	4	5	6	7 Walking Dog	7 Restaurant
1. Live a life that is valued by the person as defined by their Personal Outcome Measures (POMs) and not the personal values of the staff.								
2. Have more opportunities for desired community involvement								
3. Think and problem solve, helping them to figure out what they want to do								
4. Learn new skills that increases their independence and decrease dependency on staff								
5. Have increased self-esteem through positive interactions focusing on their abilities and not their disabilities								