

Empowerment Strategies

Transforming from a Caregiver to a Support Professional

A support professional empowers individuals to:

1. Live a life that is valued by the person as defined by their Personal Outcome Measures (POMs) and not the personal values of the staff.
2. Have more opportunities for desired community involvement
3. Think and problem solve, helping them to figure out what they want to do
4. Learn new skills that increases their independence and decreases dependency on staff
5. Have increased self-esteem through positive interactions focusing on their abilities and not their disabilities