Managed Care Implementation
Becoming a DISCO & DISCO Model Contract
July, 2014
Important Dates

8/1/14 *Draft* Plan Qualification Document for DISCO/COA approval released (Includes Attachment 10 for DISCO start up funds)

9/1/14 Proxy DISCO rates posted for grant application fiscals

10/1/14 If applying for start-up funds, Sections of COA application due

10/15/14 Funding approval/ contracts begin

11/14 OPWDD/FIDA rates final & released (Informational Webinar with Actuaries)

4/1/15 OPWDD/FIDA enrollment begins

10/1/15 DISCO enrollment begins
Modeling the DISCO Managed Care Program

Modeled after the Managed Long Term Care Partial Capitation program

Integrating the MLTC Long Term Supports and Services guidelines, COA and contracting process, and core QA best practices

Also integrates some policies and procedures successful in mainstream managed care
What’s the Same?

• COA Qualification process & Model Contract
• Informed choice & Enrollment Broker assisted enrollment process
• Person-centered planning
• Client Notices, grievances and appeals, fair hearings
What’s Different?

• Start-up grants available as part of COA process
• No direct marketing by DISCO plans
• OPWDD RSFO/DDRO involvement
• Phase-in (voluntary enrollment period)
• Safeguards for the ID/DD population
  • Enhanced QA (MH laws & 1915(c) rules also apply)
• Benefit package
  • Benefits for all DD enrollees into DISCO
  • Enhanced package for DD waiver enrollees
DISCO Benefits

DISCO Core Benefits

- Adult Day Health Care (ADHC)
- Clinic Social Worker
- Day Treatment
- Dentistry
- DME, Medical Supplies and Hearing aids
- Home Care
- Intermediate Care Facility/Developmental Disability services (Community-based)
- Developmental Center
- Non Emergency Transportation
- Nutrition
- Psychiatric Inpatient Svcs licensed by OMH and OASAS excluding medical services including psychiatry
- Psychiatric Outpatient Services licensed by the Office of Mental Health and Office of Alcohol and Substance Abuse excluding medical services including psychiatry
- Optometry/Eyeglasses
- Occupational Therapy, Physical Therapy, Speech and Language Therapy, Rehabilitation Counseling services
- Personal Care
- PERS Telemedicine
- Podiatry
- Private Duty Nursing
- Psychology
- Respiratory Therapy
- Skilled Nursing Facility

Additional 1915(c) Waiver Svcs.

- Day Habilitation
- Live-in Caregiver
- Prevocational Services
- Residential Habilitation
- Respite
- Supported Employment
- Agency with Choice/Financial Management Services
- Consolidated Supports and Services
- Support Brokerage
- Assistive Technology – Adaptive Devices
- Community Habilitation
- Community Transition Services
- Environmental Modifications (Home Accessibility)
- Family Education and Training
- Intensive Behavioral Services
- Pathways to Employment
- Individual Directed Goods and Services
DISCO Care Coordination

- Care management system shall ensure that the provided care meets the enrollees needs and is coordinated
- Care consists of both,
  - Automated information systems
  - Operational policies and procedures
- DISCO is responsible for management, coordination and continuity of care for all members
Ongoing Coordination of Care

- Coordination of care among waiver providers, specialists, behavioral health providers, and LTC providers

- Care Coordination Team

- Monitoring Outcomes
  
  - Attainment of personal outcomes;
  - Ongoing monitoring the management of specialized needs;
  - Timely access and provision of services; and
  - Most integrated setting appropriate to individual’s circumstances
Opportunities for BIP Funding

For DISCOs

Start-up grants as part of the Certification (COA) approval process

- Must successfully complete sections of DISCO Plan Qualification process (Attachment 10)

For Providers

Transformation Grant

- Provider readiness to join DISCO networks
- Providers retooling for managed care readiness
- DD transformation policies implementation
BIP Funds **may not be used for any of the following:**

- Capital costs such as brick and mortar projects or to supplement existing General Funds.
- To duplicate existing LTSS or increase institutional capacity.
- To match any other Federal funds.
- To provide services, equipment, or supports that are the legal responsibility of another party under Federal or State law (e.g., vocational rehabilitation or education services) or under any civil rights laws.
- To supplant existing State, local, or private funding of infrastructure or services such as staff salaries for programs and purposes other than those disclosed in the application.
COA – Plan Qualification Process

Rolling application process begins - August 2014

Draft COA application (Plan Qualification Document) will be released in August via web

If plan wishes to apply for start-up funds, grant application window is finite
Process for Becoming DISCO

1) Plan completes COA Application using Plan Qualification Document (hard copies plus electronic)
   
   **Section 5 of Attachment 10 MUST be completed to qualify for DISCO Start-Up funds**

2) Plan responds to question/requests for clarification

3) OPWDD/SDOH conduct on-site readiness review

4) Contract between OPWDD/SDOH and the DISCO

5) Enrollment begins
# COA – Plan Qualification Document

## GENERAL INSTRUCTIONS
MLTCP Certification Application (DOH-793A) - Signed by CEO
1 original & 3 copies of application and 1 additional electronic copy

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<td>IX</td>
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Reserve and Escrow Requirements

10 NYCRR § 98-1.11(e) and (f) with the exception of the initial 2 years of operations for following:

Exceptions:

- The contingent reserve for DISCOs will be set and maintained at 5% of net premium income (NPI). (Typically, MCOs other than Managed Long-Term Care Programs [MLTCPs] have their contingent reserve graduate to 12.5% of NPI over seven years.);

- The escrow deposit will be phased in over three years – 3%, then 4% and finally 5% of the estimated expenditures for health care services (Typically, the escrow deposit for MCOs starts at 5% and remains at 5%); and

- The portion of the premium derived from certified residential services under the auspice of OPWDD will be at least partially excluded from the contingent reserve calculation.
Minimum Net Worth

The DISCO must maintain a minimum net worth equal to the greater of the escrow requirement or the contingent reserve.

OPWDD intends to establish risk sharing arrangements with DISCOs in order to mitigate risk for these entities. The final design will be established as part of the actuarial rate development process.
DISCO Risk Corridor

Plan’s premium = $3,000 PMPM

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Maximum risk exposure to plans premium +5.5%

Maximum upside to plans Premium -5.5%
Important DISCO Documents

1. COA Application – Plan Qualification Document
   1a) Attachment 10 – Start-up Grant Application

2. DISCO Model Contract

3. Transformation Grant Application

4. Care Coordination Dictionary

http://www.opwdd.ny.gov/opwdd_services_supports/people_first_waiver/news/CareCoordinationDataDictionary
Questions

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