



Navigating the Transition to Managed Care

April 26, 2013



Courtney Burke
Commissioner



Andrew M. Cuomo
Governor



Nirav R. Shah, M.D.
Commissioner



Agenda

- Update on the People First Waiver
- Managed Care for IDD – new state legislation
- OPWDD/CMS Transformation Agreement
- OPWDD's Next Steps



Waiver Process Update

| Action Item | Timing | Status |
|--|-----------------|--------|
| Waiver Applications Submission (1915 c amendment & 1915 b application) | April 1, 2013 | ✓ |
| Solicit Letters of Intent & Post Medicaid data | Mid-April 2013 | ✓ |
| Post final Request for Applications for DISCOs | Spring 2013 | |
| Hold Statewide VC on Medicaid Data | May 2013 | |
| Anticipated Approval of Waiver Applications by CMS | October 1, 2013 | |
| <ul style="list-style-type: none">▪ DISCOs begin enrolling volunteer members▪ DOH Duals Demonstration begins enrolling members into the first DD FIDAs (fully integrated care for Medicare & Medicaid-eligible individuals) | January 2014 | |



Managed Care Legislation

- The NYS legislature recently passed managed care legislation that authorizes delivery of specialized IDD services through a managed care structure.
- The People First Waiver, when approved by CMS, will authorize the operation of DISCOs and OPWDD now is focusing on establishing initial DISCOs.
- Later, OPWDD will request additional authority from CMS to initiate delivery of specialized IDD services through MLTCPs and HMOs and solicit those applicants through separate actions.



Managed Care Legislation

- The enacted NYS budget authorizes several options for specialized IDD services within managed care:
 - DISCOs
 - Managed Long Term Care Plans (MLTC)
 - Medicaid Managed Care organizations (HMOs)
- Each type is an “Article 44 Plan” and regulations and standards regarding IDD service provision will be consistent across plans.
- OPWDD is initiating formation of DISCOs first, as part of the People First Waiver approval.



DISCOs

- Governed by:
 - ❑ Public Health Law Article 44,
 - ❑ Mental Hygiene Law § 13.40,
 - ❑ Social Services Law §364-j
 - ❑ federal regulations at 42 CFR Part 438
- Will have modified reserve requirements to facilitate start-up.
- Must be controlled by one or more non-profit organizations with experience providing or coordinating health and long-term care services to people with IDD.



MLTC or Mainstream Managed Care

- Organizations do not need to be controlled by nonprofit.
- Same standards will apply for quality assurance, grievances and appeals, informed choice, person-centered planning and marketing.
- Must have ability to provide or coordinate services for people with IDD – either on its own or by affiliation with another entity with experience, and which will oversee or implement the coordination and planning of IDD services.



OPWDD Transformation

As OPWDD pursued development of the People First Waiver, we worked with CMS to define priority elements of system transformation:

- Expanding opportunities and supports for ***EMPLOYMENT***
- Expanding ***COMMUNITY SERVICE OPTIONS*** – supportive housing, community-based services
- Expanding ***SELF DIRECTION*** options
- ***OLMSTEAD PLAN-*** Creating opportunities for people to move from institutions to integrated settings



Transformation Documents

- ***“Putting People First: OPWDD’s Road to Reform”*** – comprehensive review of system reforms recently achieved and underway
- ***“The OPWDD Transformation Agreement” Appendix H of the DRAFT NYS Partnership Plan Amendment (DOH 1115 Waiver)-***
Articulates clear commitments for achieving ambitious goals for system reform and service delivery



Suggestions for Providers

- Understand managed care law and regulation
- **Network** with other regional providers to understand strengths, opportunities to collaborate
- Identify and articulate your strength and future role in a service network (DISCOs will need to provide all types of services for all types of individuals.)
- If interested in forming a DISCO:
 - Attend Statewide VC on Medicaid service data
 - Review Request for Applications
 - Review DISCO contract



OPWDD's Next Steps

- **Solicit applications for DISCOs** (Post Final RFA, Finalize the DISCO Contract, Hold Medicaid Data VC)
- **Implementation Planning** for launching DISCOs and cross system care management
- **Program and Policy redesign** to meet Transformation Agreement commitments in employment, self-direction, community housing

Most Importantly - Continued dialogue with individuals, families & providers