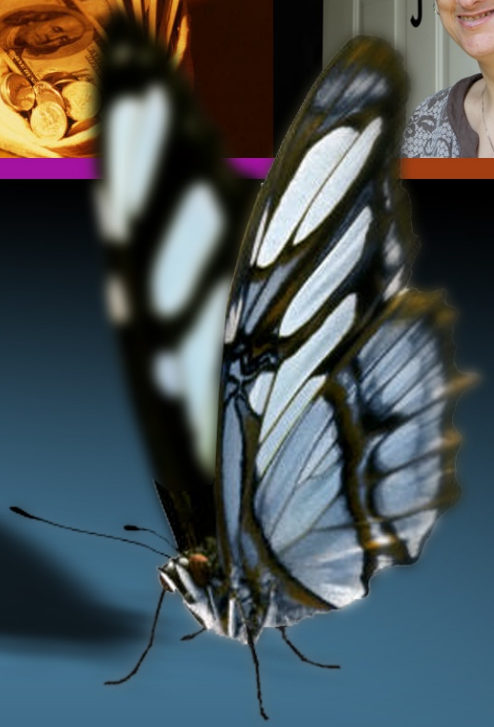
NYS Office for People With Developmental Disabilities

Transformation *Agenda*

- Self-Direction
- Employment
- Housing and Supports
- Money Follows the Person
- Front Door



Understanding Self-Direction

2013

A LOT OF THINGS ARE GOING ON AT OPWDD

Today we want talk about one of the options OPWDD offers that we want you to know about:

SELF-DIRECTION

SELF-DIRECTION

At the end of today's discussion you will understand:

- ✓ What self-direction is.
- ✓ What your responsibilities are if you choose to self - direct.
- ✓ What assistance is available to help you self-direct.
- ✓ What services you can self-direct.
- ✓ Who you can contact if you are interested in self - directing your supports and services or learning more about self-direction.

WHAT IS SELF DIRECTION?

- Self -direction provides you the opportunity to make decisions about what supports and services you need to help you:
  - ✓ **Enjoy meaningful relationships with friends, family and others in your lives,**
  - ✓ **Experience personal health and growth,**
  - ✓ **Live in the home and community you choose, and**
  - ✓ **Work, volunteer, or do recreational activities you enjoy with others in your neighborhood**

WHAT CAN SELF-DIRECTION DO FOR YOU?

Self-direction offers you more **CHOICE** and **FLEXIBILITY** over your supports and services

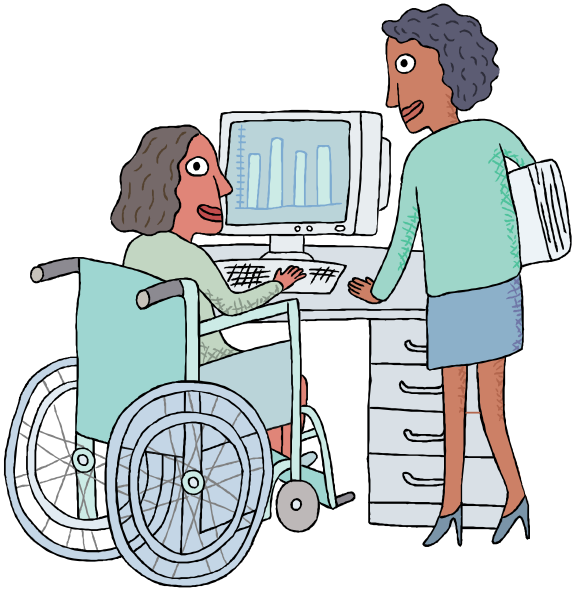
- You may choose to self-direct <u>some or all</u> of your supports and services.
- This also means you accept responsibility for helping to manage (co-manage) your supports and services.
- OPWDD's self-directed options give you **employer authority** and/or **budget authority.**

ARE THERE ANY RESTRICTIONS ON WHO CAN SELF-DIRECT?

- Self-direction includes a planning process that ensures needed safeguards are considered and developed prior to plan approval.

- Consideration of your ability and your circle of support's ability to manage the plan that is developed will be evaluated in the approval process.

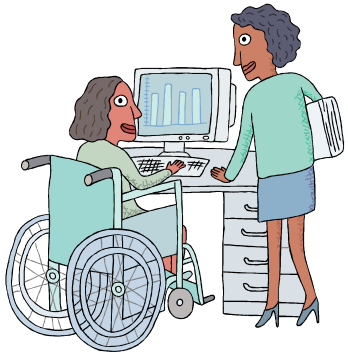
WHAT IS EMPLOYER AUTHORITY?



EMPLOYER AUTHORITY

- YOU make decisions about who works for you.
- YOU can recruit people to work for you.
- YOU and people you know and trust can decide what you need your staff to do to help you, and what hours you need their help.
- YOU supervise your staff, and if they don't do a good job, you can change your staff.

That's employer authority.

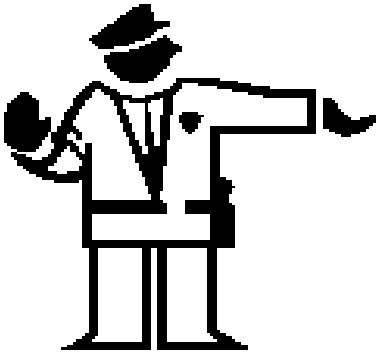


WHAT IS BUDGET AUTHORITY?

BUDGET AUTHORITY

- YOU make choices about the services you need.
- YOU make decisions about your services and supports based on your funding.
- YOU decide what services are paid for and who is paid to provide them.
- YOU and people who support you must **manage** your OPWDD budget in a responsible manner

WHO CAN SELF-DIRECT??



YOU

YOU can:

- If you can make informed choices, and
- If you are willing to manage self-directed service

YOU can:

- also select someone you trust to help you make choices and co-manage your supports and services.

If you have trouble making informed choices **YOU can** still self-direct:

- If you have an adult representative who is willing to make informed choices and co-manage services <u>on your behalf.</u>

WHAT ASSISTANCE DO I GET FROM AN AGENCY?

The level of assistance you receive is based on a discussion between you and the agency.

Once you both agree on how the agency will assist you, an agreement is put in place so that you and the agency are both clear on each of your responsibilities.

WHAT SERVICES CAN I SELF DIRECT?

- Consolidated Supports and Services
  - For this service you have employer and budget authority
- Respite
  - For this service, you have only employer authority
- Community Habilitation
  - For this service, you have only employer authority

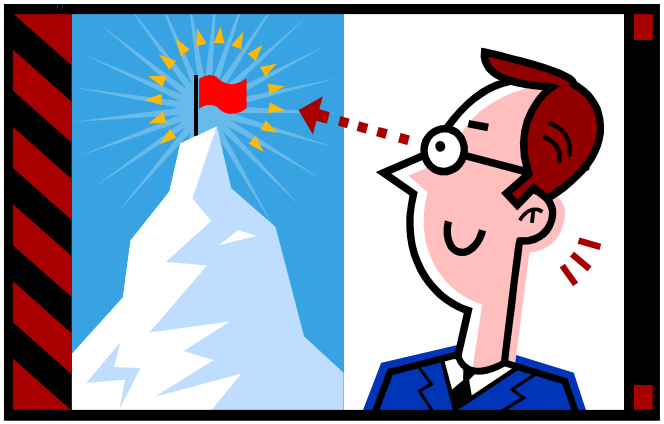
WHERE CAN I GET MORE INFORMATION?

- Your service coordinator.
- Each OPWDD Regional Office also has at least one staff person whose main job is to help people who want to self-direct their services
- Also, information can also be found on OPWDD's website: www.opwdd.ny.gov

SELF-DIRECTION IS A CHOICE!

- OPWDD wants to make sure that you have the opportunity to choose the right supports you need to help you reach your goals.
- You need to decide if choosing to self-direct some or all of your services can help you to do that.

How does self-direction relate to the transformation agenda goals?



Transformation

- OPWDD worked with CMS to define priority elements of system transformation, which include:
  - Expanding employment opportunities,
  - Expanding supportive housing and community-based services,
  - Creating opportunities for people to move from institutions to the most integrated settings possible,
  - Increasing self-direction knowledge and use of self-direction services.

Transformation

System transformations will be made through

- Managed Care Implementation: Ensure a smooth transition and continuity of high quality services with self-direction as a service option.

- Provider Efficiency and Innovation: Engage stakeholders to recommend, develop, track, and implement wide-ranging strategies to create system efficiencies that benefit services, including self-direction options, for people with developmental disabilities .

- Transformation Plan: Develop strategies, engage stakeholders, and track progress in achieving benchmarks outlined in transformation agreement with CMS.

Managed Care Legislation for DISCOs

- The NYS legislature recently passed managed care legislation that authorizes delivery of specialized developmental disabilities services through a managed care structure.

OPWDD's continuing work

- OPWDD leadership has held intensive design sessions to explore critical decisions related to implementing managed care.
- Sessions focus on enrollment, communications, data collection and usage, quality review, credentialing of providers, and information technology needs.

OPWDD's Front Door Initiative

Front Door
welcome

OPWDD's Front Door Initiative

Supporting the transformation plan Front Door services work to:

- Ensure supports are provided in most integrated setting possible.
- Provide a person-centered approach.
- Maximize control of living setting by individual receiving services.
- Increase education about and access to self-direction.
- Provide increased opportunities and supports for employment.
- Measure outcomes in a meaningful way.
- Prepare for OPWDD's move to managed care.

Recommended Front Door Practices

- Standardized training for all individuals and families accessing services for the first time
- Standardized training for providers regarding their role in OPWDD's Front Door
- Standardized communication with local school districts regarding transition to adult services
- Development of additional points of contact between OPWDD's regional offices and individuals and families for information sharing purposes
- Development of tools to assist regional office in tracking new Front Door processes

Who Comes through the Front Door?

The Front Door is meant to ensure that all individuals have access to the same information as they learn about supports and services through OPWDD and make choices about how those supports and services can best be utilized to help them achieve their goals. This includes :

- People New to OPWDD
- People requesting a change of services due to a change in their interests or needs
- People who need to access state-operated settings due to legal system interfaces or other circumstances

Next Steps

- The Front Door is being piloted and tested.
- Regional offices are concentrating on putting Front Door practices in place for new people coming into the OPWDD system.
- Information sessions are being conducted for individuals and families on the full scope of OPWDD services including self-direction services.
- Training curriculum for providers is being developed.
- We are educating our workforce on these changes.

A copy of this presentation and the video will be made available on OPWDD's website:

www.opwdd.ny.gov

THANK YOU

Do you have any questions?