



Strengthening Services for the Future

An Introductory Presentation on the People First Waiver

April/May 2012

ICL 25
INSTITUTIONS FOR
COMMUNITY LIVING



Courtney Burke
Commissioner



Andrew M. Cuomo
Governor



Nirav R. Shah, M.D.
Commissioner



PEOPLE FIRST
1115 DEMONSTRATION WAIVER

Table of Contents

- What is a waiver?
- Why is it necessary?
- What are the goals?
- Four areas of reform
- Oversight and accountability
- The waiver process





What is a Waiver?

States seek a waiver of federal Medicaid rules to allow them to improve how they provide services.

Following federal approval, New York will have five years to develop and implement the improvements. The federal government requires budget neutrality.

This five-year timeframe ensures that no stone is left unturned before full implementation.



PEOPLE FIRST
1115 DEMONSTRATION WAIVER

This Plan Will Help Us...

- Provide more flexible services
- Develop stronger community-based services
- Improve person-centered planning
- Enhance care coordination to meet all of an individual's needs
- Measure quality of care based on an individual's personal outcomes
- Improve effectiveness and efficiency throughout OPWDD operations



PEOPLE FIRST
1115 DEMONSTRATION WAIVER

Five Things this Plan is *Not*...

1. Something that will happen overnight
2. An answer to every problem we face
3. A Medicaid block grant to cap spending on individuals
4. A means to achieve budget reductions
5. A means to restrict or expand eligibility



Why is this Necessary?

- Our system is growing, and the needs of people we support are becoming more complex.
- The current system is too inflexible. Too often people must accept available services, rather than plan services to meet their individual needs and circumstances.
- If we stay on the current track, OPWDD will not be able to support the people who need services.
- The waiver is an important opportunity to be proactive. Together, we can ensure the future service system builds on what we have today.



PEOPLE FIRST
1115 DEMONSTRATION WAIVER

Medicaid Expenditures Outpace the Rate of Inflation

OPWDD Medicaid Expenditures	6.2%
Inflation Rate	3.26%
Difference	2.94%



PEOPLE FIRST
1115 DEMONSTRATION WAIVER

How does this fit in with statewide Medicaid reform?

- NY's Medicaid Redesign Team seeks to:
 - Expand Medicaid managed care enrollment
 - Establish mandatory managed long-term care
- OPWDD said, "Let us design what's best for the individuals we serve."
- The waiver will take advantage of the best parts of managed care, while avoiding the "medicalization" of our specialized system of supports.



Four Areas of Reform

- 1. A Person-Centered System Meeting People's Needs**
 - Valid needs assessment
 - Equitable resource allocation
 - Choice of plans, providers, and services
- 2. Enhancing Care Coordination and Planning**
 - No wrong door access
 - Designed to comprehensively meet the needs of people with developmental disabilities
- 3. Enhancing Community-based Services**
- 4. Modernizing the Financial Platform**
 - Transparent funding streams that support individuals, not broad programs





PEOPLE FIRST
1115 DEMONSTRATION WAIVER

1: A Person-Centered System Meeting People's Needs

- Better assessing an individual's needs
- Providing greater flexibility—delivering the right amount of services, at the right time, and in the right setting for each person
- Funding is for individuals, not service categories
- Breaking down silos between service systems to meet all of an individual's needs



2: Enhancing Care Coordination

- A stronger commitment to *individualized* service plans and outcomes
- A *team approach* to planning services with individual and family at the center of the team
- Establishing benchmarks to assess individuals' *progress*
- Identifying procedures to access natural and community resources
- No wrong door: information sharing across systems supported by technology
- Requiring education, training, and demonstration of competency for care coordinators



3: Enhancing Community-based Services

- Habilitative supports based on interests and needs
- Increasing community-based clinical, behavioral support
- A full spectrum of residential support options to fill the gap between 24/7 support and complete independence
- Flexible, more responsive supports for families
- Reduced reliance on institutional services



4: Modernizing OPWDD's Fiscal Platform

- Funding based on an individual's needs, not service categories
- Establishing care management organizations known as Developmental Disabilities Individual Services and Care Coordination Organizations (DISCOs)
- DISCOs will receive funding, conduct person-centered planning and coordinate services
- Retaining individual choice
- Incentives for DISCOs that achieve quality outcomes
- Demonstrated medical savings to support expanded habilitation supports

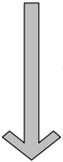


What it Looks Like

Accountability and Individual Choice

Federal Oversight - CMS

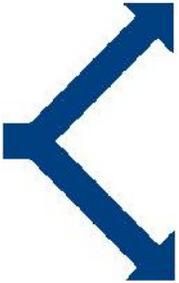
State Oversight - DOH & OPWDD



Medicaid Funds & State Funds
Capitation Revenue Determined by a Needs Assessment Tool(s)

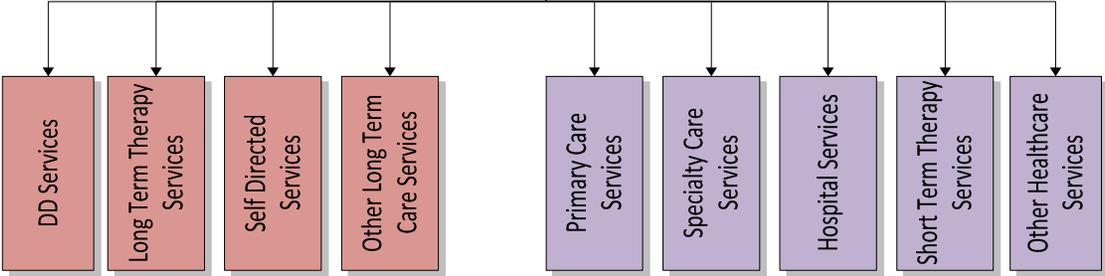


Medicare Funds



Developmental Disabilities Individual Support & Care Coordination Organization (DISCO)
Not-for-Profit

- ✓ *Receives payment*
- ✓ *Coordinates and ensures delivery of services.*



DD/Long Term Care Services

All Other Healthcare Services

(may be not-for-profit or for profit)



Accountability: Improving Quality

These reforms will also:

Measure meaningful indicators of quality:

Individuals' progress

Support for DSPs

Effective governance

Quality improvement

Individual/family satisfaction

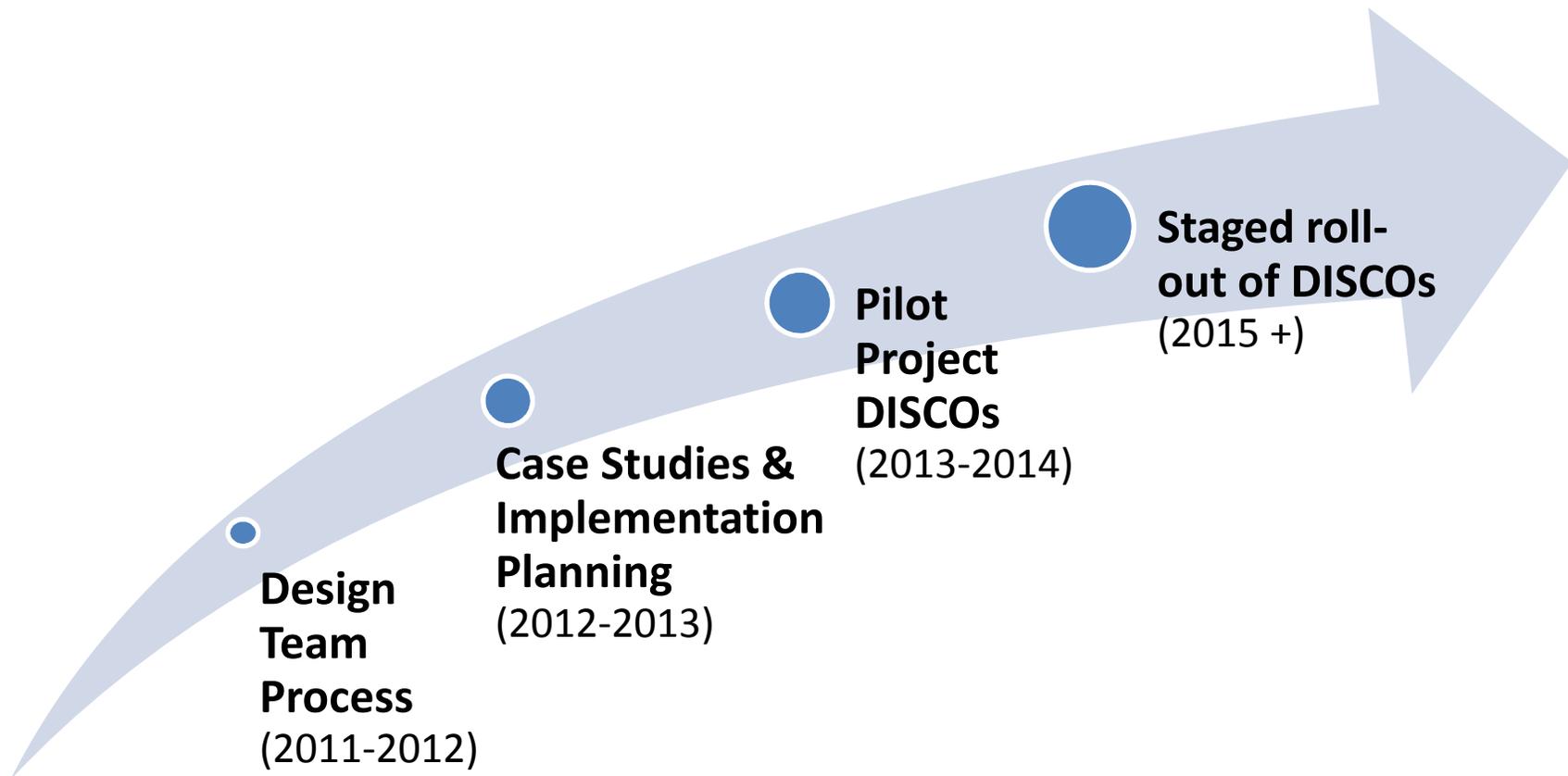


Create a quality rating scale that is available to the public.

Use new technology to improve coordination of care, services, and personal outcomes.



The Process: A Five-Year Reform with Constant Evaluation





PEOPLE FIRST
1115 DEMONSTRATION WAIVER

The Process: Next Steps

- Continued negotiations with the federal government to finalize our plan
- Following approval, we will launch case studies and a pilot project application process
- Statewide implementation planning
- Extensive and continued public dialogue
- Transition oversight from Steering Committee to Developmental Disabilities Advisory Committee





PEOPLE FIRST
1115 DEMONSTRATION WAIVER

How Can I Get More Information?

OPWDD webpage: <http://www.opwdd.ny.gov/>

Email comments and questions:
People.First@opwdd.ny.gov

View video series on OPWDD's
YouTube channel: opwddvideo

Contact OPWDD's information line:
1-866-946-9733 or TTY: 1-866-933-4889