



**Joint Quarterly  
Waiver Discussion Board/  
Voluntary Agency Videoconference  
January 17, 2013**



Courtney Burke  
Commissioner



Andrew M. Cuomo  
Governor



Nirav R. Shah, M.D.  
Commissioner



# Today's Agenda

- 2013: A Look Ahead
- Ongoing Dialogue with CMS about OPWDD Transformational Activities
- Update on Elements of the People First Waiver
  - DOH Duals Demonstration/FIDA
  - DISCO Contract
  - CQL POMs
  - Case Studies and CAS
  - Publication of Countywide Data
  - Timeline
- Next Steps



# 2013: A Look Ahead

## Commissioner Burke has outlined OPWDD's priorities:

- **Improving how we meet needs** - expanding self direction and employment to provide opportunities for everyone, launching CAS
- **Improving quality** of our care through workforce support and measuring individual outcomes
- **Participating in NYS Olmstead Plan** – creating more housing opportunities & moving people out of institutions
- **Launching managed care** through pilot DISCOs – moving toward integrated, holistic care
- **Continuing health and safety reforms** – fire safety, regulatory reform, reducing restraint



# 2013: A Look Ahead

## Resource Links for Additional Info on Priorities:

- OPWDD's Coordinated Assessment System  
[http://www.opwdd.ny.gov/opwdd\\_services\\_supports/people\\_first\\_waiver/news/statewide\\_assessment\\_tool\\_fact\\_sheet](http://www.opwdd.ny.gov/opwdd_services_supports/people_first_waiver/news/statewide_assessment_tool_fact_sheet)
- NYS Olmstead Plan <http://www.governor.ny.gov/executiveorder/84>
- DISCOs <http://www.youtube.com/watch?v=p4Fs97xiKtw>
- OPWDD Health and Safety Reforms  
[http://www.opwdd.ny.gov/news\\_and\\_publications/opwdd\\_news/one-year\\_progress\\_report](http://www.opwdd.ny.gov/news_and_publications/opwdd_news/one-year_progress_report)
- OPWDD Employment Initiatives  
[http://www.opwdd.ny.gov/opwdd\\_community\\_connections/hiring\\_people\\_with\\_disabilities](http://www.opwdd.ny.gov/opwdd_community_connections/hiring_people_with_disabilities)
- Personal Outcome Measures  
<http://www.thecouncil.org/assets/0/235/e1538f01-6831-48a9-a5e3-7a589ced0039.pdf>



# Ongoing Dialogue on Transformation

OPWDD is continuing to work with CMS to define priority elements of system reform:

- Expanding opportunities and supports for ***EMPLOYMENT***
- Expanding ***COMMUNITY SERVICE OPTIONS*** – supportive housing, community-based services
- Expanding ***SELF DIRECTION*** options
- ***OLMSTEAD PLAN-*** Moving people out of institutions



# Ongoing Dialogue on Transformation

As we look at these priority policy areas, we are examining:

- How People Enter the OPWDD Service System
  - Front Door
  - Light Touch Community-based Services and Supports
  - CAS and Person-Centered Planning
- Effectiveness/Outcomes of Services – changing how we measure quality
- How people move toward their goals and advance in skills, independence and inclusion



# Learning By Doing

## Demonstration and Piloting

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**FIDA's Early  
Demonstration  
Comprehensive  
Care**

**DISCO Pilots  
Focus on LTSS**

**Ultimate Objective  
Comprehensive Care**



# DOH Duals Demonstration

- Fully-Integrated Dual Advantage programs (FIDAs)
  - Capitated managed care program
  - Provides comprehensive array of Medicare, Medicaid, and supplemental services including DOH long-term care, acute healthcare, OMH, OASAS and all OPWDD People First Waiver Services (State plan and 1915c)
- Both FIDA and the People First waiver have the same objectives, but the FIDA is the first demonstration of comprehensive care.



# Managed Care Transition Timeline

	Duals Demo Phase One (MLTCPs)	Duals Demo Phase Two FIDAS	Pilot Projects DISCOs	Non-Pilot DISCO Roll-out
Services Included	DOH long-term services	Comprehensive Services (OPWDD & DOH long-term services, behavioral supports and acute care services)	OPWDD and DOH long-term supports and services and other behavioral supports	OPWDD and DOH long-term supports and services and other behavioral supports – to phase into comprehensive services over time
Initial Enrollment	July 2013	January 2014	November 2013	November 2015

MLTCP: Managed Long-Term Care Plan

FIDA: Fully Integrated Duals Advantage

DISCO: Developmental Disabilities Individual Support and Care Coordination Organization



## DOH Duals Demonstration – How it will work

- **July 2013** (Phase 1) – Voluntary enrollment of up to 10,000 people into MLTC Plans.
- **January 2014** (Phase 2) – Voluntarily enrolled members will automatically transition to FIDAs through which they will receive all of their supports and services.
- There will only be up to 3 FIDAs in New York State.
- One entity has already submitted an MLTC application.

# DISCO Contract



The DISCO Contract will:

- Build off NYS DOH's Contract for Managed Long-term Care Plans.
- With amendments to accommodate provisions needed to reflect the specialized developmental disabilities service system.
- And amendments to accommodate recommendations of the Targeted Work Teams.

# DISCO Contract



The DISCO Contract will describe:

- DISCO authorization requirements
- Enrollment responsibilities
- Requirements to provide written materials, to communicate in ways that are understood and in needed languages
- DISCOs' obligations to their downstream providers
- Care coordination obligations
- Records, reporting & certification requirements
- DISCO Payment
- And more



## **CQL Personal Outcome Measures (POMs)**

- Council on Quality and Leadership (CQL) has developed valid, reliable personal outcome measures (POMs) and a method for using POMs to assess how well services support meaningful outcomes.
- Different than National Core Indicators (NCI) which are system outcome measures.



## Personal Outcome Measures (POMs)

### People:

Are connected to Natural Support Networks	Have Intimate Relationships
Have Best Possible Health	Are Safe
Exercise Rights	Are Treated Fairly
Free from Abuse and Neglect	Experience Continuity and Security
Decide when to share personal information	Choose where and with whom they live
Choose where they work	Use their environments
Live in integrated settings	Interact with other members of community
Perform different social roles	Choose services
Choose personal goals	Realize personal goals
Participate in the life of community	Have friends
Are respected	



## **CQL Personal Outcome Measures (POMs)**

- OPWDD will require DISCOs to use POMs in their Quality Improvement processes.
- Additional clinical and functional outcome measures will be needed to measure the effectiveness of care coordination.



## CQL Personal Outcome Measures (POMs)

### DISCOs will:

- be trained/certified to conduct POM interviews.
- report POM results to OPWDD annually.
- use POM process for continuous quality improvement.

### OPWDD will:

- Validate that DISCOs are using POM measures and approach.
- Review DISCOs' operations to ensure they are using POM results in continuous quality improvement.



## Case Studies

**Purpose** – to immediately begin to test key reform concepts on a small scale.

**Tested concepts** – assessment tool, care planning process, documentation practices, new measures of individual outcomes

**Participating Agencies** – high performing agencies

**Schedule** - One year of study & formal evaluation beginning 2/1/13



## Case Studies and CAS

- Caseloads for assessment will be established and assigned by 2/1/13.
- Assessments will be completed for case study participants.
- This information will be shared with providers for feedback on how the CAS informed the ISP.
- Feedback on the process will be collected from individuals and families.
- Additional people from other agencies and State campus settings will be assessed to obtain information about the use of CAS with a broader range of individuals.



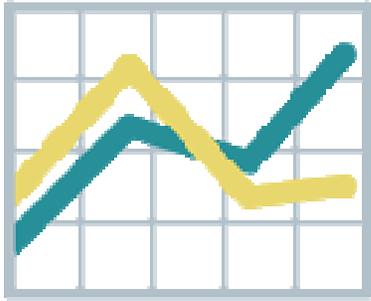
## Case Studies and Quality

- Agencies will use the CQL Personal Outcome Measures (POMs) to inform planning and quality practices.
- DQI will evaluate the impact of using POMs on an individual and systemic basis.
- This information will support the development of a case study review protocol consistent with the measures needed in MC environment .
- Additional Element: Use of iPad survey app developed by WIHD and implemented by SANYS



## Recent Case Studies Activities

- OPWDD provided a communication tool to ensure consistent information sharing between case study agencies and OPWDD.
- Proactive Planning to match people who wish to move to more appropriate residential opportunities to opportunities that arise
- Person-centered planning to identify interests and support needs of those moving out of campus settings



## Publication of Countywide Data

In the coming weeks, OPWDD will publish Medicaid utilization data to assist pilot DISCO applicants in preparing applications:

- Utilization data of all services in the proposed pilot benefit package for all people identified as having a developmental disability
- Provided on a countywide basis for each county in NYS



# Managed Care Transition Milestones

Milestone	Date
Request Letters of Intent from DISCO applicants	February 2013
Issue Request For Applications to become a Pilot DISCO	March 2013
Select Pilot DISCOs	June 2013
Voluntary enrollment into MLTC Plan (Pre-FIDA)	July 2013
Initial voluntary enrollment into Pilot DISCOs	November 2013
Automatic transition of members from MLTC Plan to FIDA	January 2014
Begin enrollment in non-pilot DISCOs	November 2015



## Next Steps: Early 2013

- Revise Request for Application (RFA) for Pilot DISCOs, post new version
- Share Revised DRAFT DISCO contract
- Develop Communications/Outreach Plan for the transition to managed care
- Continue negotiations with CMS to finalize agreements
- Develop a quality review procedure based on individual health, safety and achievement of outcomes to be piloted and revised during case studies and DISCO pilots



# Questions and Answers