

MSC E-VISORY

Issue #19-11

July 19, 2011

State of New York Office for People With Developmental Disabilities
Courtney Burke, Commissioner
Distributed by: Division of Policy and Enterprise Solutions
Suzanne Zafonte Sennett, Deputy Commissioner

The MSC E-Visory is an electronic advisory which provides pertinent and timely information about programs and services available to individuals receiving MSC. Announcements about MSC training, conferences and meetings appear regularly. **MSC Supervisors: Please share this issue with all MSC Service Coordinators and others as appropriate.** In order to receive an email notification when a new MSC E-Visory is posted, please sign up for our mailing list (listserv). Listserv information and past issues can be accessed via the following link: http://www.opwdd.ny.gov/wt/publications/wt_publications_mscevisories_index.jsp

In This Issue:

New MSC Training Delivery Model – MSC CORE Training

On April 28, 2011 OPWDD, in cooperation with provider associations and voluntary agencies, announced plans for a new model for the delivery of training courses to Medicaid Service Coordinators (refer to MSC E-Visory #12-11). This model will allow Provider Associations, COMPASS Agencies and pre-approved voluntary agencies the ability to provide the MSC CORE Training to their own employees, and employees of other agencies, if they so choose. This model allows greater flexibility and more opportunity for Medicaid Service Coordinators to receive MSC Core training within their first six months of hire.

Attached to this e-visory is a letter announcing the implementation of this new model. Now that this model is in place, OPWDD will no longer provide MSC CORE training. This letter includes information on accessing the MSC CORE training resources and instructions to add provider sponsored courses to the OPWDD Catalog of Training and Development. There is also information on Agency and Training Instructor Requirements. To access information on MSC CORE training go to the following link on the OPWDD website:

<http://www.opwdd.ny.gov/training/index.jsp>

Additional training information, including the OPWDD Catalog of Training and Development can now be reached from the OPWDD homepage at www.opwdd.ny.gov by clicking on the button on the left hand side bar menu that says "Education and Training Online Resource Library".

MSC CORE Curriculum Updates and Pre-Reading Component

As of October 1, 2011, the target timeframe for a new service coordinator to complete MSC CORE training is within six months (180 days) of assuming MSC responsibilities. MSC CORE was also converted to one-day training (as opposed to the previous two day training). Content of the CORE Curriculum was also revised with updates related to MSC Redesign.

As of May 2011, MSC CORE now has a Pre-Reading Component. MSC Supervisors should ensure that new Medicaid Service Coordinators complete the MSC CORE Pre-Reading Material prior to attending their CORE Training session. This pre-reading contains some activities to be completed prior to the training for discussion in class. The pre-reading material contains information on OPWDD, Overview of Developmental Disabilities, Philosophies and Concepts, Supports and Services, and information on Service Coordination. New service coordinators should also be familiar with the MSC Vendor Manual prior to MSC CORE Training.

Training Opportunity

Seventh Annual Conference to Celebrate Service Coordinators – Capital District

Please find attached information and registration form for the Capital District's Seventh Annual Conference to Celebrate Service Coordinators.

August 16, 2011
8:00 am – 3:30 pm
Schenectady, NY

July 13, 2011

Dear Colleagues:

We are very excited to provide you with an update regarding a new model for the delivery of courses to Medicaid Service Coordinators (MSC). This model will allow Provider Associations, COMPASS Agencies and pre-approved voluntary agencies the ability to provide the MSC CORE training to their own employees, and employees of other agencies if they so choose. This model allows greater flexibility and more opportunity for Medicaid Service Coordinators to receive the necessary training within their first six months of hire.

OPWDD has recently added the MSC CORE instructor and participant manuals to the agency's Web site, located on a new page specifically dedicated to training resources. Additionally, you will find instructions to add provider-sponsored courses to the OPWDD Catalog of Training and Development as well as other important training related information. Please note: OPWDD will no longer provide MSC CORE training now that this new model is in place. An MSC E-Visory will be issued following this letter to update the MSC community.

It is envisioned that the MSC CORE curriculum will be the first of many training curriculums that will be made available for agencies to help meet their training requirements. OPWDD will continue to work with the Provider Associations to develop this new training model.

Thank you for your cooperation and input as we continue these collaborations to implement new training methodologies. Working together we will provide high quality development opportunities to staff in the NYS developmental disabilities system and therefore have a positive impact on the supports and services to the individuals we serve.

Sincerely,



Suzanne Zafonte Sennett
Deputy Commissioner
Policy & Enterprise Solutions



John A. Monteiro
Deputy Commissioner
Workforce & Talent Management

2ND AFTERNOON SESSION

(continued)

Drumming

- Pam Lunz, *Healing Art Therapist*

Pam Lunz is a healing art therapist with over ten years experience working with and empowering individuals with developmental disabilities. She is very familiar with issues of relevance to this community. Besides drumming, Pam incorporates various kinds of music, yoga, and body movements into her presentations. She believes they promote rhythm, coordination, relaxation, and increased interaction between the brain hemispheres. Join Pam for a unique, multi dimensional experience!

T'ai Chi Chih for Health & Vitality

- Judy Mirczak, *Accredited T'ai Chi Chih Instructor, Reiki Master, Therapeutic Touch and Healing Touch Practitioner*

Based on ancient Eastern principles for balancing and harmonizing one's internal energy flow, T'ai Chi Chih (TCC) movements are gentle yet powerful and easily learned, and can help to reduce the effects of stress on one's body, give boosts to the immune system, increase balance and flexibility, help to regulate blood pressure, reduce lower back pain, increase creativity, and provide a sense of well-being. This session will introduce you to TCC and include demonstrations as well as participation in doing a few of the movements.

MASSAGE SESSIONS

Chair massages will be available throughout the day for a fee of \$1 per minute. Thank you to Eleanor Laviolette and to the licensed therapists from *A Peaceful Place*.

THANK YOU!

- **Thank you** to the Capital District DDSO for their generous support.
- **Thank you** to those agencies who graciously donated baskets for our auction.
- **Thank you** to Wildwood School for the use of their building for today's conference.

DIRECTIONS TO WILDWOOD SCHOOL

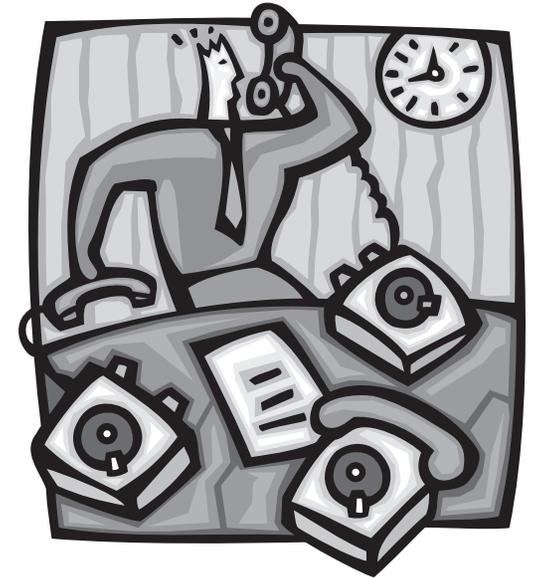
FROM ALBANY: Take Interstate 90 west to Exit 2 (Fuller Road and State University). At the light at the end of the exit ramp, take a left. Go to the next light and turn right on to Washington Avenue Extension. Travel to the light at the intersection of Route 155 and take a right. Turn left at the first light on to Old State Road. Go to first stop sign and go right on to Kings Road. Take first left on to Curry Road Extension. Travel around half a mile to left hand turning lane (only one on the road) and turn left into our facility. The school is directly ahead.

FROM SARATOGA: Take the Northway south to Exit 2W (Central Avenue West). Travel on Central Avenue until the intersection of Route 155 and turn left on to 155. Travel south on Route 155 until the second light. Turn right at the light on to Old State Road. Go to first stop sign and go right on to Kings Road. Take first left on to Curry Road Extension. Travel around half a mile to left hand turning lane (only one on the road) and turn left into our facility. The school is directly ahead.

FROM SCHENECTADY: Take Interstate 890 east to Exit 9 (right before the Thruway exit). At end of exit ramp, make a left turn on to Curry Road. Take Curry Road to end. At stop sign bear right on to Curry Road Extension. Building is roughly one-half mile on the right. Turn right into facility. The school is directly ahead.

FROM POUGHKEEPSIE: Take the New York State Thruway to Exit 24. After toll booths, take the Northway north to Exit 2W (Central Avenue West). Travel on Central Avenue until the intersection of Route 155 and turn left on to 155. Travel south on Route 155 until the second light. Turn right at the light on to Old State Road. Go to first stop sign and go right on to Kings Road. Take first left on to Curry Road Extension. Travel around half a mile to left hand turning lane (only one on the road) and turn left into our facility. The school is directly ahead.

THE CAPITAL DISTRICT'S 7th Annual Conference to Celebrate SERVICE COORDINATORS



August 16, 2011

8:00 a.m.—3:30 p.m.

Wildwood School

2995 Curry Road Extension

Schenectady, NY 12303

CO-SPONSORED BY:

Catholic Charities Disabilities Services

Center for Disability Services

Living Resources

Schenectady ARC

Wildwood Programs

CONFERENCE AGENDA

8:00–9:00**Registration**

9:00–9:30**Welcome**

Eric Pasternak, *MSC Statewide
Coordinator*

9:30–11:00**Keynote Speaker**

Jay Rifkenbary

11:00–11:30**Vendor Fair**

11:30–12:30**Lunch**

Entertainment by *Brainwaves Musical
Group/Living Resources*

12:30–12:45**Break**

12:45–1:45**1st Afternoon Sessions**

1:45–2:00**Break**

2:00–3:00**2nd Afternoon Sessions**

3:00**Baskets**

KEYNOTE SPEAKER

Jay Rifkenbary

Internationally renowned corporate speaker, trainer, and consultant, Jay Rifkenbary educates and motivates conference attendees and organizational teams through his world-class, on-site professional core value development training seminars, workshops, and keynote speeches. Jay is a professional speaker, trainer, and consultant and for the last 19 years, he has provided his expertise in the areas of personal and professional development, leadership, and communication training to organizations, associations, and schools across North America, Europe, and Asia.

1ST AFTERNOON SESSION:

12:45pm–1:45pm

211

- Jill Wolski, LMSW, *Call Center Director, United Way 2-1-1 Northeast Region*

United Way 2-1-1 Northeast Region is an information, referral and crisis center that serves Northeast New York. This presentation will give an overview of the services provided, including 2-1-1, the National Suicide Prevention Lifeline and Crisis Chat and show-case how a call center makes sense from a consumer and community perspective increasing accessibility to services and providing one database of all services. Statistics from the call center will show why people are calling 2-1-1, the Lifeline and Crisis Chat. A live demo of the online database will be provided and questions about how to view and update agency profiles will be answered. Efforts to expand services to online modalities, including chat, will be highlighted and a chat demo will also be provided.

Consumer Directed Choices

- *Community Outreach Coordinator*

Consumer Directed Choices (CDC) is a private, nonprofit corporation located in Albany, New York founded by people with disabilities and advocates interested in changing the way home care services were delivered. With a focus of empowering seniors and people with disabilities, while fostering respect and appreciation for the personal assistants, every aspect of CDC's program brings this paradigm shift to life. Consumer Directed Personal Assistance Program is a shift from traditional home care which empowers the home care recipient (consumer) to control the employment of his/her personal assistance. "Care" then becomes assistance when the consumer directs the details. This session will outline more practical details in how to access and make the most of this type of service.

Service Coordinators will receive credit for 4 MSC Training hours. Certificates will be available at the end of the conference.

Coalition for the Homeless

- Shelly Nortz, *Deputy Executive Director for Policy*
MSC's may encounter homelessness as an issue in the course of their work, particularly as resources continue to shrink and become restrained. This session will focus on preventative approaches first and foremost, but will also identify strategies to employ when someone does become homeless.

Essential Resources for Supporting Parents through the Special Education Process

- Mary Fornabia, CSW, *Special Education Resource Specialist, Parent Network of the Capital Region*

This session will provide participants with a variety of resources to assist parents in navigating the special education maze. Will include an overview of PNCR services and training, basic regulatory information, and many other resources readily available to families and professionals. Handouts will be plentiful!

2ND AFTERNOON SESSION:

2:00pm–3:00pm

Zumba

- Sarah McDonald, *ZUMBA instructor*

Zumba is a Dance Fitness Class. When participants see a Zumba class in action, they can't wait to give it a try. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party. It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students.

Yoga

- Cathy Holmes, *Registered Yoga Teacher*

Cathy Holmes is a registered yoga teacher and has been practicing yoga for many years. Yoga is for everyone and it can be practiced anywhere. Come and learn some basic yoga poses and a mindful flow that you can practice during the day to ease stress. Learn a basic yoga flow that you can practice at home to start or end your day. EVERYDAYOGA is for you everyday!

THE CAPITAL DISTRICT'S
**7th Annual Conference to Celebrate
 SERVICE COORDINATORS**



REGISTRATION FORM (PLEASE PRINT CLEARLY OR TYPE)

Name: _____ Name: _____

Agency Name: _____

Address: _____

Telephone: _____

PLEASE INDICATE HOW MANY PEOPLE WILL BE ATTENDING EACH SEMINAR.

Please fill in the # of attendees for each seminar in the space provided after each seminar name. Thank you!

1st Afternoon Session

2nd Afternoon Session

211 _____ Coalition for the Homeless _____

Zumba _____ Drumming _____

Consumer Directed Choices _____ Supporting Parents _____

Yoga _____ T'ai Chi Chih _____

Registration Deadline: August 5th, 2011

REGISTRATION FEE: \$20.00 per person • Check only/please no purchase orders

• Please note "MSC Conference" on check to Living Resources • **No refunds will be given**

Lunch included in registration fee. Please select lunch options below:

Boxed Lunches include 1/2 sandwich, 1/2 salad, with bread and cookie

Sandwich Options: Bacon Turkey Bravo _____ Asiago Roast Beef _____ Italian Combo _____

Napa Almond Chicken Salad _____ Veggie _____

Salad Options: Classic Café _____ Greek _____ Caesar _____

SEND REGISTRATION WITH CHECKS PAYABLE TO:

Living Resources • Attn: Michelle Longe

300 Washington Avenue Extension • Albany, NY 12203

For questions, contact Michelle at (518) 218-0000, ext. 5356 • (518) 862-2175 Fax

PLEASE NOTE: Email or fax registration form(s) to Michelle Longe as soon as possible to allow us to get an accurate head count. Please send a copy of the registration form(s) with your check when submitting.