



Office for People With Developmental Disabilities

MFP Overview

revised September 22, 2015

[Download the MFP Overview Fact Sheet](#)

Purpose of MFP

- The purpose of the New York State MFP Demonstration is to enable New York State to transform long-term care (LTC) systems to ensure that seniors and individuals with physical and developmental disabilities have access to community-based services.
- The MFP Demonstration was created by the federal Deficit Reduction Act of 2005 and extended by the Affordable Care Act. New York State's MFP grant will run through 2020.
- The Demonstration provides an enhanced Federal Medicaid funding match for 365 days of community-based services provided to persons who transition to community-based care after having been in an institutional setting for more than 90 consecutive days.
- New York State (NYS) continues to promote community-based, long-term care by shifting the focus from institutional-based care to person-centered home- and community-based care.
- The MFP Demonstration is a state-level initiative to support rebalancing long-term care in this way. OPWDD is just one participant in New York's MFP Demonstration.
- OPWDD's participation in MFP is one part of OPWDD's larger system transformation and ICF transition plan. Only some of the individuals who leave ICFs will move to MFP-qualifying settings.

Partnership with DOH and Providers

- The NYS Department of Health (DOH) is the lead agency on the NYS MFP Demonstration. DOH has participated in MFP since 2007.
- OPWDD officially began participating in MFP on April 1, 2013.
- MFP requires extensive monthly, quarterly, semi-annual, and annual reporting to CMS.
- DOH does the reporting to CMS; OPWDD reports its data to DOH. Voluntary providers are important partners in gathering the needed data. A guidance document for voluntary providers is available at <http://www.opwdd.ny.gov/transformation-agreement/mfp/mfp-reporting-guidance>



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- An outreach contractor, the New York Association for Independent Living (NYAIL), working through Independent Living Centers (ILCs) around the state, will provide outreach to all populations in nursing homes and to individuals in OPWDD ICFs.
- OPWDD and DOH have worked closely to develop regional Transition Centers that will assist in transition planning, follow-up on referrals, conduct Quality of Life (QOL) surveys, offer peer support during transition, and collect data for all NYS MFP participants. This contract is also fulfilled by NYAIL and the ILCs.

Reporting MFP Participation and Quality of Life Improvements

To receive the appropriate federal funding match, OPWDD must track MFP participants' eligibility, participation dates and experience in the community. No more than 30 days prior to the individual's move, an ILC Transition Specialist must administer a CMS-required Quality of Life survey to the individual planning to move. Follow-up surveys are completed at 11-months and 24-months after an individual has transitioned to the community.

Qualifying Information:

Eligibility for MFP Participation - The individual moving must:

- Have resided in a qualified institution (hospital, nursing home, or ICF/IID) for not less than 90 consecutive days minus Medicare covered rehabilitative days immediately prior to transition;
- Be in receipt of Medicaid for at least one day prior to transition from the institutional setting;
- Be enrolled in the OPWDD HCBS waiver;
- Continue to meet ICF/IID (formerly ICF/MR) level of care requirement; and
- Transition into a qualified residence.

Definition of a Qualified Residence – Defined by Section 6071(b)(6) of the Deficit Reduction Act:

- Home owned or leased by the individual or his/her family member; or
- An apartment with an individual lease, with lockable access and egress, which includes living, sleeping, bathing, and cooking areas over which the individual or the individual's family has domain and control; or
- A community-based residence in which no more than four unrelated individuals reside.



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Tracking Process:

- Please notify your regional MFP Lead via email (see attached list) that a qualifying individual who receives services from your agency is planning to move to a MFP-qualifying setting. Please include:
 - Individual's name
 - TABS ID Number
 - Type of residence the person will move to (IRA – 4 person or smaller, Family Care, private home)
 - Date of planned move
 - If person will live with family or not
 - MSC Agency and Contact Person (if known)
 - Facility contact name and contact information (phone and email address) for survey scheduling purposes
- The ILC Transition Specialist will arrange to obtain the signature of the individual or his/her family member/guardian on the MFP Informed Consent form and to conduct the Baseline QoL survey.
- The MFP Informed Consent form, QoL survey, and guidance for completing the survey can be found at <http://www.opwdd.ny.gov/transformation-agreement/mfp/overview>.

MFP Achievements and Goals

Between 2013 and 2018:

- 829 individuals ID/DD will move to qualifying MFP settings.

In 2013:

- OPWDD assisted 89 people to leave ICFs and Developmental Centers and move into MFP qualifying settings in the community.
- Self Advocacy Association of New York State (SANYS) representatives visited and spoke with 717 residents of ICFs and Developmental Centers about the possibility of moving into their communities.

In 2014:

- SANYS representatives informed 866 residents of ICFs and Developmental Centers of their opportunities to move into community settings.
- OPWDD assisted 144 people to leave ICFs and Developmental Centers and move into MFP qualifying settings in the community.



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Intersection with OPWDD's On-going De-institutionalization

- OPWDD's MFP participation occurs during an ongoing OPWDD initiative of de-institutionalization.
- The annual MFP goals are a part of OPWDD's overall de-institutionalization plans. Not every individual who leaves an ICF must move into an MFP-qualifying residence.
- OPWDD has transformation goals related to de-institutionalization progress and MFP progress.

Notification of and Follow-up to Referrals

- Providers are requested to notify an individual's advocates, guardians and family members of the dates and times of ILC outreach visits, using language provided by OPWDD.
- OPWDD will refer individuals to the ILCs for transition assistance as Developmental Centers close, ICFs convert to IRAs, and as individuals age out of Children's Residential Projects or request to move out of nursing homes. Individuals who expressed an interest in moving to a more integrated community setting when SANYS representatives met with them will also generate an "MFP referral."
- Providers will be asked to meet with individuals who express interest in moving to a more integrated community setting to discuss person-centered planning and determine the next steps toward an appropriate community placement.
- ILC Transition Specialists will obtain signed MFP Informed Consent forms when they meet with individuals who desire to move to a more integrated community setting.

For More Information, Contact:

Community.Transitions@opwdd.ny.gov

[Money Follows the Person Regional Leads](#)