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Person-Centered Planning Discussion Board VC April 3, 2012



Courtney Burke
Commissioner



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Governor



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Commissioner



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Planning in the People First Waiver

A stronger focus on person-centered planning that assists with planning for services in the most integrated community settings and helps to develop practices that can be objectively measured.





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A Person Centered Plan Describes...

- Who the person is,
- What he/she wants to accomplish,
- Who or what will help the individual to accomplish those things, and
- The details of how this will be accomplished.



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The Planning Process

A completed assessment should:

- **inform** the planning process
- help **identify need** areas in a person's life and how those needs should be addressed.

Developing the Plan requires:

- **listening, discovering and understanding** the individual
- **Collaboration** between the individual and staff.





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Using a Team Approach

We expect that care coordination and person-centered planning will employ a team approach characterized by:

- Ongoing training in person-centered planning
- Guiding voice from individuals and families in the process
- Ready access to a person's care coordinator



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Elements of a Person-Centered Plan

Information on the person's:

- Abilities
- Health
- Cultural Traditions
- Skills
- Community Service
- Preferences
- Spirituality
- Recreational Interests
- Challenges
- Needs
- Clinical Needs
- Valued Roles



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Elements of a Person-Centered Plan

- **Outcomes** are the person's chosen life goals and the driving force behind the services and supports the person receives.
- **Objectives** related to each outcome. These are the measurable action steps that are aimed at achieving the outcome.



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Elements of a Person-Centered Plan

- **Health and Safety Supports** are actions to support individuals when the health or welfare of the person is at risk.
- A discussion of the person's decision to accept some **aspects of risk** in their lives if desired.



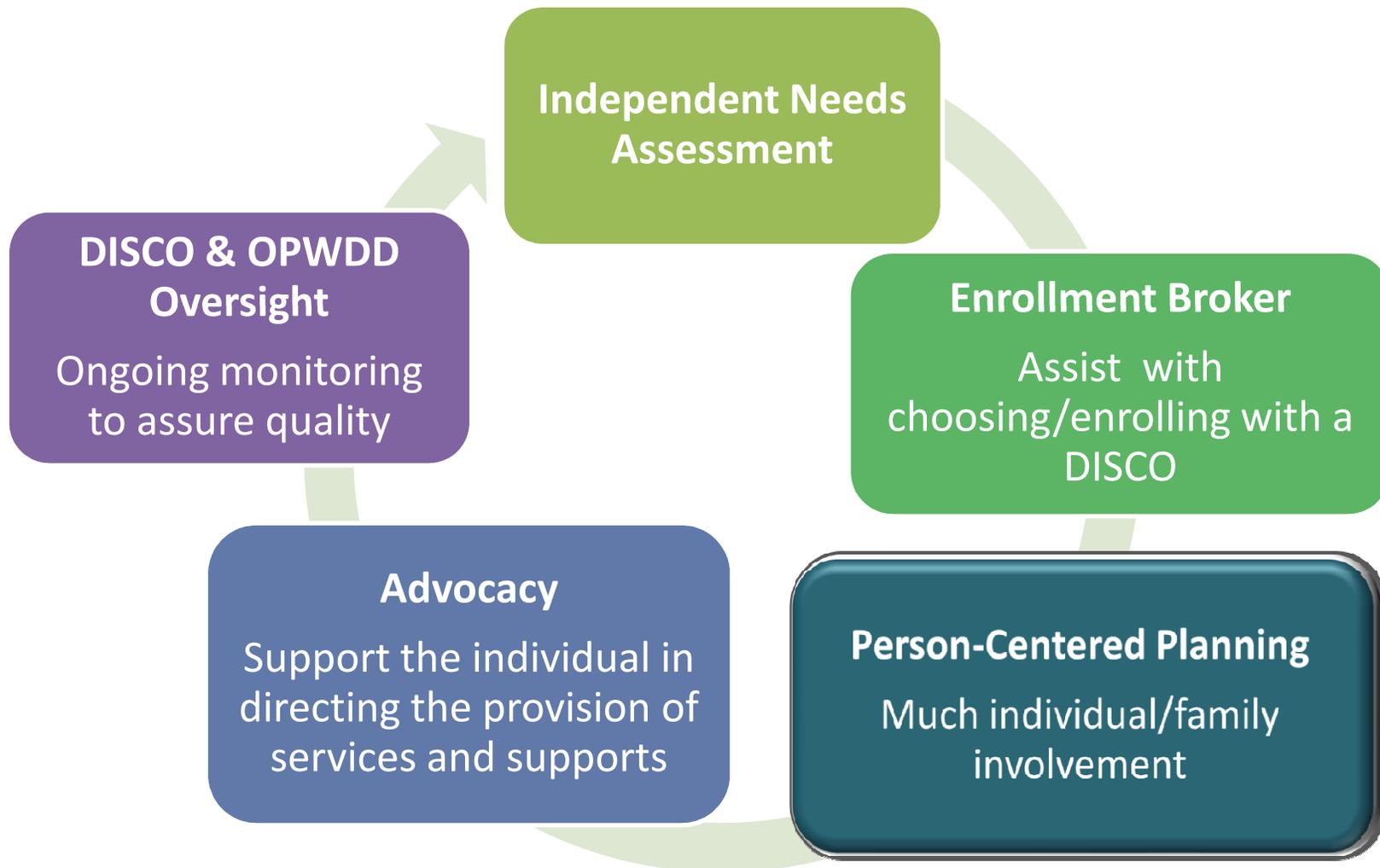
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Elements of a Person-Centered Plan

- **Description of services and supports**
 - Skill Acquisition and retention services
 - Assisting the person to become more independent in some aspect of his/her life
 - Staff supports
 - Assistance or oversight where supports are essential to preserve a person's health or welfare or to reach a personal outcome
 - Exploration of new experiences
 - New experiences that enable the person to make informed choices and identify new outcomes



Conflict-Free Care Coordination





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Quality and the Plan

Quality reviews will evaluate:

- If the individual is involved in the planning process
- If the individual's personal outcomes are reflected accurately
- If the personal outcomes are being achieved
- If the plan adequately describes the needs and strengths as identified in the assessment



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Questions and Answers