



It's My Right

I Have The Right To.....

Manage My Own Money

Make My Own Schedule

Decide What To Do With My Day

Have Privacy In My Home

Take Part In My Community

Keep Myself Safe

Make My Own Friends

Choose My Own Relationships

Practice My Religion Or Beliefs

Vote For My Candidates

Make My Own Goals

Exercise My Independence

Make My Own Choices,
The Same As Anyone Else!

It's MY LIFE!



Office for People With Developmental Disabilities



It's My Right

...to live the life I want to live.

If I need help getting the life I want, I can talk to the person who helps me with planning my services, my friends, family or one of my staff.

I can also get more information about getting help to live the life I want to live by contacting the OPWDD information line at 1-866-946-9733.