

COVID-19

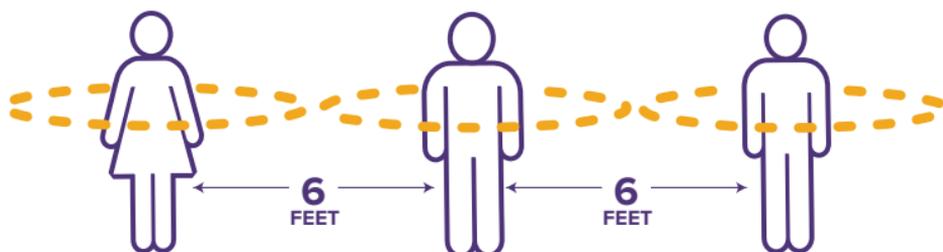
Protect yourself and others from Coronavirus

COVID-19, also known as coronavirus, is a new virus making people sick all over the world and in New York State

Wear a mask or face covering around other people



Practice Social Distancing



Keep a distance of at least 6 feet

Avoid touching your face, eyes, nose, and mouth



When you are out in public



Avoid games and activities that have close contact



Avoid surfaces and objects that get touched a lot

WEAR A MASK. STOP THE SPREAD. SAVE LIVES.

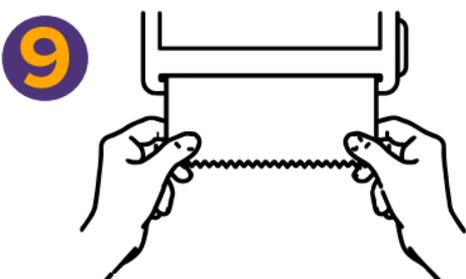
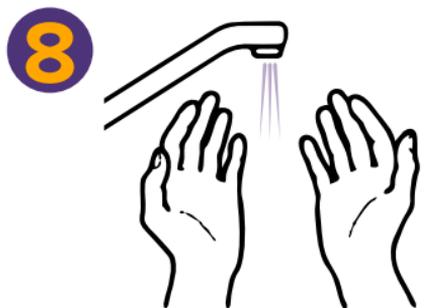
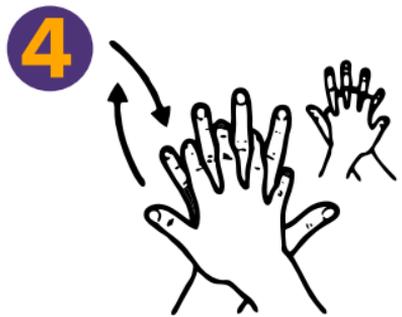


Office for People With
Developmental Disabilities



Wash your hands for 20 seconds:

- ✓ After using the bathroom
- ✓ When you return home
- ✓ After you touch things
 - ✓ Before eating
- ✓ Throughout the day



If soap and water is not available, use hand sanitizer